

NEED SUPPORT?

If you are experiencing or suspect that you are experiencing an incident of online sexual violence/harassment, know that it is not your fault. It is important to remember that you are not alone, you can contact an adult you trust or the following agencies/services. If it's not for you but a friend give them all the information.

To report/complain about the incident:

1) cyberalert.gr - Cybercrime Unit:

call 11188 (toll-free) or send to ccu@cybercrimenit.gov.gr.

2) safeline.gr - Greek Safer Internet Centre:

you can contact via email: report@safeline.gr.

3) National child protection line 1107: call 1107 24 hours a day. The Line cooperates with the competent authorities and services for the immediate social protection of children and adolescents at risk.

For psychological support or counselling:

1) help-line.gr: call free of charge at 210-6007686 or send to info@help-line.gr. You can contact via chat, which can be found on the page, every day from 14:00 to 17:00. All calls and reports are anonymous and confidential.

2) The Smile of the Child Line 116111: You can call 116111 24 hours a day. Specialist psychologists are provided

3) National Child Protection Line 1107: Emergency counselling, psychological and social support is provided to minors, and liaison is made, when required, with specialised Child Protection Services.

4) Diotima Centre: if you are a girl (16+) you can call 210-3244380 or email diotima@otenet.gr. Specialized psychosocial and legal assistance is provided.

Information:

1) saferInternet4Kids.gr: you can get information and materials related to the safe use of the internet and social networks.

To support your friends:

download the GBV Pocket Guide app [here](#)